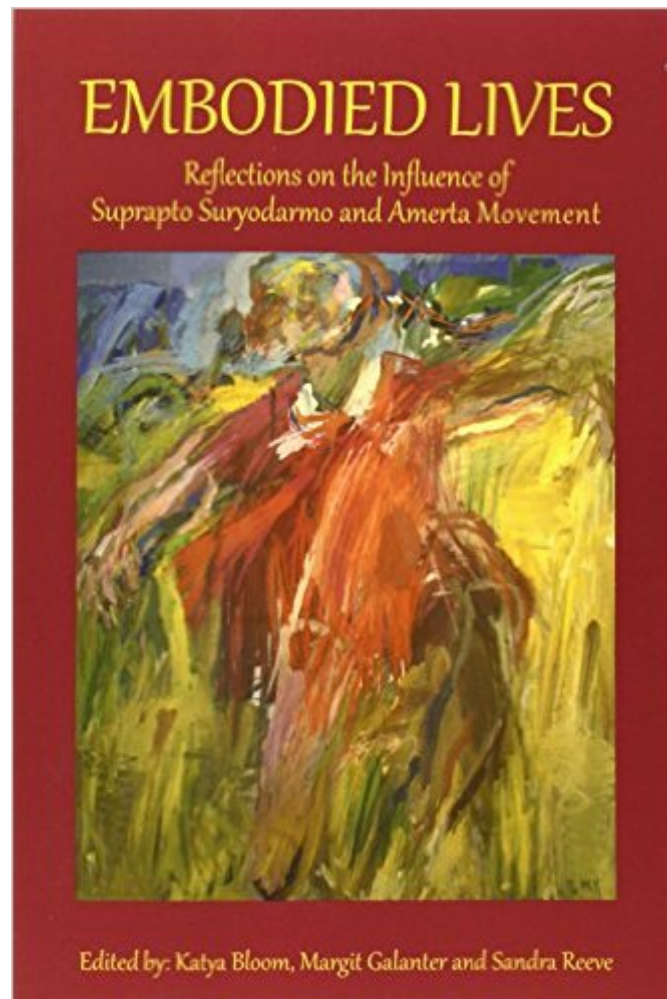


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# Embodied Lives: Reflections On The Influence Of Suprpto Suryodarmo And Amerta Movement



## Synopsis

Since the mid-80s, Prapto's moving/dancing has inspired many thousands of people in the West, and many more in his native Java, who have witnessed, worked with or been otherwise influenced by his Amerta Movement practice. But what is this non-stylised Amerta Movement practice? And what is it about Prapto's work that so touches the lives of therapists, artists, musicians, dancers, teachers, performers, monastics and laypeople from all walks of life? To answer these questions, this new book brings together the experiences of 30 movement practitioners from Indonesia, Europe, North and South America and Australasia. As their chapters show, their personal and professional lives have all been affected by their long-term studies and interactions with Prapto. The common denominator for all the authors is the exploration of their own movement as a way of deepening their connection to themselves, to each other and, at the same time, to their respective worlds. These chapters all also share the potency that comes from writing from lived experience, rather than writing about something with distance. - See more at:

<http://www.triarchypress.net/embodiedlives.html#sthash.DXWYMLUP.dpuf>

## Book Information

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## Customer Reviews

Embodied Lives is a collection of essays by people who have studied with Suprapto Suryodarmo, but the essays do not require personal engagement with or knowledge of his work. Rather it is an anthology that points to ways in which embodiment not only informs perception and communication but also shapes the ways we can deepen knowledge of ourselves and others. Galanter has an essay in the book on the *œpresencing dial*, a term she coined to describe modulations of

presenting that can happen through Amerta Movement practices. Her essay is one of several that contribute significantly to rethinking teaching practices and changing discourses of dance studies. This book is particularly valuable for the authors' willingness and abilities to bring together discursive theories and movement practices. I found the essays to be multifaceted, with each essay presenting another viewpoint, fascinating, and insightful.

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